



July 7, 2016

Mrs. Kim E. Anderson
Chief Executive Officer
Families First, Inc.
80 Joseph E. Lowery Blvd.
NW Atlanta, GA 30314

Re: Letter of Commitment for Families First's Doula Services in Clayton County

Dear Mrs. Anderson,

I am pleased to provide Families First with this letter of support for your Healthy Babies, Healthy Moms Program and its Doula services.

Doulas provide emotional and physical support to pregnant; low income; young mothers residing in Fulton and DeKalb Counties before, during and after the birth of her baby. It would be an exciting prospect to see these services expanded to Clayton County as well. Doula services are designed to decrease the likeliness of a low-birth weight baby and increase their capacity to care for and provide for their children. Built on a well-tested service-delivery model, the Doula Project offers six essential services: 1) family assessment; 2) case management; 3) information and referral; 4) parent education; 5) health and developmental screenings; 6) parent and child enrichment; and 6) facilitated peer support groups.

In alignment with Amerigroup, Doula services aim to improve client's health literacy; identify culturally competent providers; improve patient's ability to advocate for themselves with physicians; and most importantly, ensure babies are born healthy. This is consistent with our mission, vision and values at Amerigroup.

Doula services at Families First has a proven track record and has positively impacted the lives of low-income women and their families by achieving four primary goals: 1) deliver healthy babies at a birth weight of 5.5 lbs and above; 2) deliver a full-term baby; 3) attain skills to be an effective and nurturing parent; and 4) delay subsequent pregnancies.

Amerigroup supports these same goals; as such we hope that the Community Foundation of Greater Atlanta, Clayton Fund will give your funding request every consideration.

Sincerely,

Francesca D. Gary
President
Amerigroup Georgia

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